



SAFETY TOPIC: Coronavirus

COMPANY: _____

LOCATION: _____ **DATE:** _____



ATTENDEES:

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SAFETY GUIDELINES:

- ▲ Social media is spreading a lot of misinformation. This information is directly from the CDC.
- ▲ Coronavirus disease 2019 (COVID-19) is a respiratory illness that can spread from person to person.
- ▲ The virus is thought to spread mainly between people who are in close contact with one another (within about 6 feet) through respiratory droplets produced when an infected person coughs or sneezes. It also may be possible that a person can get COVID-19 by touching a surface or object that has the virus on it and then touching their own mouth, nose, or possibly their eyes.
- ▲ Patients with COVID-19 have had mild to severe respiratory illness with symptoms of fever, cough, and shortness of breath. Some patients have pneumonia in both lungs, multi-organ failure and in some cases death.
- ▲ People can help protect themselves from respiratory illness with everyday preventive actions.
 - Avoid close contact with people who are sick.
 - Avoid touching your eyes, nose, and mouth with unwashed hands.
 - Wash your hands often with soap and water for at least 20 seconds. Use an alcohol-based hand sanitizer that contains at least 60% alcohol if soap and water are not available.
- ▲ If you are sick, to keep from spreading respiratory illness to others, you should
 - Stay home when you are sick.
 - Cover your cough or sneeze by tucking your face into your elbow or use a tissue, then throw the tissue in the trash.
 - Clean and disinfect frequently touched objects and surfaces.
 - Avoid sharing items like pens or tools.
- ▲ While it is not known to be deadly to younger/healthier individuals, that doesn't mean you won't contribute to spreading the illness to your coworkers or families. Protect your coworkers' children and the elderly by following these actions. **DON'T CONTRIBUTE TO THE PANDEMIC BY NOT TAKING IT SERIOUSLY.**



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